

**CUNNINGHAM'S
ENCYCLOPEDIA OF
CRYSTAL, GEM &
METAL MAGIC**

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PART FOUR

*supplemental
information*

THE TABLES

These tables summarize part (but not all) of the information presented in part two. They are here for quick reference. Part four is divided into six sections: Energy, Planetary Rulers, Elemental Rulers, Magical Intentions, Magical Substitutions, and Birthstones.

These tables correlate information on stones only, for time and space considerations. For metals, or further information on stones, check the index.

Remember, these classifications are suggestions only. They work for me, but may not for you. Create your own system if this one doesn't speak to you.

Energy

Projective

Projective stones are energizing and are useful for healing, protection, exorcism, intellectual powers, luck, success, will power, courage, and self-confidence.

Agate, banded	Garnet
Agate, black	Hematite
Agate, brown	Jasper, mottled
Agate, red	Jasper, red
Amber	Lava
Apache tear	Mica
Asbestos	Obsidian
Aventurine	Onyx
Bloodstone	Opal
Calcite, orange	Pipestone
Carnelian	Pumice
Cat's-eye	Rhodocrosite
Citrine	Rhodonite
Cross stone	Ruby
Crystal, quartz	Sard
Crystal, quartz, Herkimer	Sardonyx
Crystal, quartz, rutilated	Serpentine
Crystal, quartz, tourmalated	Sphene
Diamond	Spinel
Flint	Sunstone
Fluorite	Tiger's-eye
	Topaz
	Tourmaline, red
	Zircon

Receptive

These stones are soothing and de-stressing, and are related to love, wisdom, compassion, eloquence, sleep, dreams, friendship, growth, fertility, prosperity, spirituality, psychism, and mysticism.

Agate, blue lace	Holey stones
Agate, green	Jade
Agate, moss	Jasper, brown
Alum	Jasper, green
Amethyst	Jet
Aquamarine	Kunzite
Azurite	Lapis lazuli
Beryl	Malachite
Calcite, blue	Marble
Calcite, green	Moonstone
Calcite, pink	Mother-of-pearl
Celestite	Olivine
Chalcedony	Opal
Chrysocolla	Pearl
Chrysoprase	Peridot
Coal	Petrified wood
Coral	Salt
Cross stone	Sapphire
Crystal, quartz	Selenite
Crystal, quartz, blue	Sodalite
Crystal, quartz, green	Sugilite
Crystal, quartz, rose	Tourmaline, black
Crystal, quartz, smoky	Tourmaline, blue
Emerald	Tourmaline, green
Fossils	Tourmaline, pink
Geodes	Turquoise

Planetary Rulers

Sun

These stones are useful in legal matters, healing, protection, success, illumination, magical energy, and physical energy. Candles used in rituals with these stones are usually orange or gold.

Amber	Sulfur
Calcite, orange	Sunstone
Carnelian	Tiger's-eye
Crystal, quartz	Topaz
Diamond	Zircon
Pipestone	

Moon

These stones are suitable for use in rituals involving sleep, prophetic dreams, gardening, love, healing, the sea, the home, fertility, peace, compassion, and spirituality. Candle colors: white or silver.

Aquamarine	Mother-of-pearl
Beryl	Pearl
Chalcedony	Sapphire
Crystal, quartz	Selenite
Moonstone	

Mercury

These stones are used for strengthening mental powers and for eloquence, divination, studying, self-improvement, communication, travel, and wisdom. Candle color: yellow.

Agate	Mica
Aventurine	Pumice
Jasper, mottled	

Venus

Venusian stones are useful in rituals promoting love, fidelity, reconciliation, interchanges, beauty, youth, joy and happiness, pleasure, luck, friendship, compassion and meditation, and in rituals involving women. Candle color: green.

Azurite	Kunzite
Calcite, blue	Lapis lazuli
Calcite, green	Malachite
Calcite, pink	Olivine
Cat's-eye	Peridot
Chrysocolla	Sodalite
Chrysoprase	Tourmaline, blue
Coral	Tourmaline, green
Emerald	Tourmaline, pink
Jade	Tourmaline, watermelon
Jasper, green	Turquoise

Mars

These stones are useful for promoting courage, aggression, healing after surgery, physical strength, politics, sexual energy, exorcism, protection, defensive magic, and are suitable for rituals involving men. Candle color: red.

Asbestos	Rhodocrosite
Bloodstone	Rhodonite
Flint	Ruby
Garnet	Sard
Jasper, red	Sardonyx
Lava	Tourmaline, red
Onyx	Tourmaline, watermelon
Pipestone	

Jupiter

These stones are fine for spirituality, meditation, psychism, and religious ritual. Purple candles can be burned in conjunction with these stones in ritual.

Amethyst

Lepidolite

Sugilite

Saturn

Saturnian stones are useful for grounding, centering, protection, purification, and luck. Candle colors: gray, brown.

Alum

Obsidian

Apache tear

Onyx

Coal

Salt

Hematite

Serpentine

Jasper, brown

Tourmaline, black

Jet

Note: In common with other authors and magicians, I've just started utilizing the energies of Uranus, Neptune, and Pluto, the three planets unknown to the ancients, in magic. Magical information relating to them is limited at present, and opinions vary greatly. In the future, more stones will be determined to be under the influence of these planets. In the meantime, here are lists of the stones I've tentatively placed under the rulerships of Neptune and Pluto. (Some of these stones are co-ruled by other planets.)

Neptune

Amethyst

Mother-of-pearl

Celestite

Turquoise

Lepidolite

Pluto

Kunzite

Spinel

Quartz, tourmalated

Elemental Rulers

Earth

Stones related to this element are useful in promoting peace, grounding and centering of energies, fertility, money, business success, stability, gardening, and agriculture. Candles used in conjunction with these stones should be green.

Agate, green

Agate, moss

Alum

Calcite, green

Cat's-eye

Chrysoprase

Coal

Emerald

Jasper, brown

Jasper, green

Jet

Kunzite

Malachite

Olivine

Peridot

Salt

Stalagmite

Stalactite

Tourmaline, black

Tourmaline, green

Turquoise

Air

Air is the element of communication, travel, and the intellect. Its color is yellow.

Aventurine

Jasper, mottled

Mica

Pumice

Sphene

Fire

Fire stones are used for protection, defensive magic, magical energy, physical strength, courage, will power (such as in dieting), and purification. Candle color: red.

Agate, banded	Obsidian
Agate, black	Onyx
Agate, brown	Pipestone
Agate, red	Rhodocrosite
Amber	Ruby
Apache tear	Sard
Asbestos	Sardonyx
Bloodstone	Serpentine
Carnelian	Spinel
Citrine	Sulfur
Crystal, quartz	Sunstone
Diamond	Tiger's-eye
Flint	Topaz
Garnet	Tourmaline, red
Hematite	Tourmaline, watermelon
Jasper, red	Zircon
Lava	

Water

Stones of this element are used in love rituals and for healing, compassion, reconciliation, friendship, purification, de-stressing, peace, sleep, dreams, and psychism.

Agate, blue lace	Jade
Amethyst	Lapis lazuli
Aquamarine	Lepidolite
Azurite	Moonstone
Beryl	Mother-of-pearl
Calcite, blue	Pearl

Calcite, pink	Sapphire
Celestite	Selenite
Chalcedony	Sodalite
Chrysocolla	Sugilite
Coral	Tourmaline, blue
Crystal, quartz	Tourmaline, green
Geodes	Tourmaline, pink
Holey stones	

Akasha

This is the fifth element, and its stones are usually of organic origin, i.e., either substances from living creatures or fossils of long deceased animals and plants. They are useful in a variety of magical applications, including longevity and past-life regression.

Amber	Jet
Coral	Mother-of-pearl
Fossils	Petrified wood

Magical Intentions

Included in this list are some of the stones recommended for use in rituals for various purposes. Not all magical intentions are listed here; for any others consult the index.

Astral Projection

Crystal, quartz,
tourmalated
Opal

Beauty

Amber
Cat's-eye
Jasper
Opal
Zircon, orange

Business Success

Bloodstone
Malachite
Tourmaline, green
Zircon, yellow

Centering

Calcite
Zircon, brown
(*See also: Grounding*)

Childbirth

Geodes
Pumice
Sard

Courage

Agate
Amethyst

Aquamarine

Bloodstone
Carnelian
Diamond
Lapis lazuli
Sard
Sardonyx
Tiger's-eye
Tourmaline, red
Turquoise

Defensive Magic

Lava
Onyx
Sapphire

Dieting

Moonstone
Topaz

Divination

Azurite
Flint
Hematite
Jet
Mica
Moonstone
Obsidian
Tiger's-eye

Dreams

Amethyst

Azurite

Eloquence

Carnelian

Celestite

Sardonyx

Friendship

Chrysoprase

Tourmaline, pink

Turquoise

Gambling

Amazonite

Aventurine

Cat's-eye

Gardening

Agate

Jade

Malachite

Zircon, brown

Grounding

Hematite

Kunzite

Moonstone

Obsidian

Salt

Tourmaline, black

Happiness

Amethyst

Chrysoprase

Zircon, yellow

Healing/health

Agate

Amber

Amethyst

Aventurine

Azurite

Bloodstone

Calcite

Carnelian

Cat's-eye

Celestite

Chrysoprase

Coral

Crystal, quartz

Diamond

Flint

Garnet

Hematite

Holey stones

Jade

Jasper

Jet

Lapis lazuli

Peridot

Petrified wood

Sapphire	Sapphire
Sodalite	Sard
Staurolite	Topaz
Sugilite	Tourmaline, pink
Sulfur	Turquoise
Sunstone	
Topaz	Luck
Turquoise	Alexandrite
Zircon, red	Amber
Longevity	Apache tear
Agate	Aventurine
Fossils	Chalcedony
Jade	Chrysoprase
Petrified wood	Cross stone
Love	Jet
Agate	Lepidolite
Alexandrite	Olivine
Amber	Opal
Amethyst	Pearl
Beryl	Sardonyx
Calcite	Tiger's-eye
Chrysocolla	Turquoise
Emerald	Magical Power
Jade	Bloodstone
Lapis lazuli	Crystal, quartz
Lepidolite	Malachite
Malachite	Opal
Moonstone	Ruby
Olivine	Meditation
Pearl	Geodes
Rhodocrosite	Sapphire
	Sodalite

Mental Powers

Aventurine
 Emerald
 Fluorite
 Sphene
 Zircon

Money, Wealth, Prosperity,**Riches**

Aventurine
 Bloodstone
 Calcite
 Cat's-eye
 Chrysoprase
 Coal
 Emerald
 Jade
 Mother-of-pearl
 Olivine
 Opal
 Pearl
 Peridot
 Ruby
 Salt
 Sapphire
 Spinel
 Staurolite
 Tiger's-eye
 Topaz
 Tourmaline, green
 Zircon, brown, green,
 red

Nightmares, to halt

Chalcedony
 Citrine
 Holey stones
 Jet
 Lepidolite
 Ruby

Peace

Amethyst
 Aquamarine
 Aventurine
 Calcite
 Carnelian
 Chalcedony
 Chrysocolla
 Coral
 Diamond
 Kunzite
 Lepidolite
 Malachite
 Obsidian
 Rhodocrosite
 Rhodonite
 Sapphire
 Sardonyx
 Sodalite
 Tourmaline, blue

Physical Energy

Beryl
 Calcite

Rhodocrosite	Fossils
Selenite	Garnet
Spinel	Holey stones
Sunstone	Jade
Tiger's-eye	Jasper
Tourmaline, red	Jet
Zircon, red	Lapis lazuli
Physical Strength	Lava
Agate	Lepidolite
Amber	Malachite
Beryl	Marble
Bloodstone	Mica
Diamond	Moonstone
Garnet	Mother-of-pearl
Protection	Obsidian
Agate	Olivine
Alum	Onyx
Amber	Pearl
Apache tear	Peridot
Asbestos	Petrified wood
Calcite	Pumice
Carnelian	Ruby
Cat's-eye	Salt
Chalcedony	Sard
Chrysoprase	Sardonyx
Citrine	Serpentine
Coral	Staurolite
Crystal, quartz	Sulfur
Diamond	Sunstone
Emerald	Tiger's-eye
Flint	Topaz
	Tourmaline, black

Tourmaline, red
Turquoise
Zircon, clear
Zircon, red

Psychism

Amethyst
Aquamarine
Azurite
Beryl
Citrine
Crystal, quartz
Emerald
Holey stones
Lapis lazuli

Purification

Aquamarine
Calcite
Salt

Reconciliation

Diamond
Selenite

Sexual Energy

Carnelian
Sunstone
Zircon, yellow

Sleep

Moonstone
Peridot
Tourmaline, blue

Spirituality

Calcite
Diamond
Lepidolite
Sphene
Sugilite

Success

Amazonite
Chrysoprase
Marble

Travel

Chalcedony
Zircon, orange

Wisdom

Chrysocolla
Coral
Jade
Sodalite
Sugilite

Magical Substitutions

This is a list of some magical substitutions for stones which you may not have on hand when you need them. Other substitutions are just as effective; these are some suggestions for the major stones.

Amazonite:	Aventurine
Aquamarine:	Beryl, emerald
Aventurine:	Amazonite
Beryl:	Aquamarine, emerald
Carnelian:	Coral, red jasper, sard
Cat's-eye:	Tiger's-eye
Chrysocolla:	Turquoise
Citrine:	Topaz
Coral:	Carnelian, red jasper
Cross stone:	Staurolite
Diamond:	Herkimer diamond, quartz crystal, zircon
Emerald:	Aquamarine, beryl, green tourmaline, peridot
Garnet:	Red tourmaline, ruby
Jade:	Green jasper, green tourmaline
Jasper, green:	Jade
Jasper, red:	Carnelian
Jet:	Obsidian
Kunzite:	Pink tourmaline
Lapis lazuli:	Sodalite
Moonstone:	Mother-of-pearl
Olivine:	Green tourmaline, peridot
Pearl:	Moonstone, mother-of- pearl
Peridot:	Green tourmaline, olivine

Ruby:	Garnet, red tourmaline
Sapphire:	Amethyst, blue tourmaline, blue zircon
Sard:	Carnelian
Sodalite:	Lapis lazuli
Staurolite:	Cross stone
Sugilite:	Lapis lazuli
Sunstone:	Carnelian
Tiger's-eye:	Cat's-eye
Topaz:	Citrine, yellow tourmaline
Tourmaline, blue:	Blue zircon
Tourmaline, green:	Olivine, peridot
Tourmaline, red:	Garnet, ruby
Turquoise:	Chrysocolla

Note: Quartz crystals can be charged with the magical attributes of any stone, as can opals, through your visualization.

Birthstones

I have avoided mentioning these in the text. This is partly because so many other books have listed various stones for each of the signs of the zodiac. Also, there is little agreement as to the “correct” birthstones.

While this isn’t an ancient magical tradition, it is well-known today, and a book of this type wouldn’t be complete without examining them, even briefly. Hence, the following lists.

As with all magical symbolism, these correspondences are suggestions only. They are (generally) based on the planetary ruler(s) of each sign.

If you decide to wear a stone because it is associated with your Sun sign, remember to do so *only* if you wish to bring that particular stone’s influences into your life.

Aries

Bloodstone
Garnet
Ruby

Taurus

Emerald
Jade
Lapis lazuli

Gemini

Agate
Aventurine

Cancer

Beryl
Moonstone
Sapphire

Leo

Amber
Carnelian
Diamond
Topaz

Virgo

Agate
Aventurine

Libra

Chrysoprase
Lapis lazuli
Turquoise

Scorpio

Kunzite
Spinel
Quartz, tourmalated

Sagittarius

Amethyst

Sugilite

Capricorn

Apache tear

Hematite

Onyx

Aquarius

Aquamarine

Fossils

Jet

Pisces

Amethyst

Sugilite

RESOURCES

Although we can find stones all around us, many of the more unusual ones can be difficult to obtain.

As I outlined in chapter 6, stones can be purchased at local rock and lapidary shops. Many natural history museums also sell stone specimens.

Additionally, a number of reliable mail-order sources exist. The most current listing of suppliers willing to sell stones by mail can be found in the latest edition of *Lapidary Journal*. In it are listed dealers who sell staurolite, fossils, cat's-eye, tourmaline, and many other stones and minerals. Although not magically oriented, the magazine also contains articles on the folklore and archaeology of stones as well as beautiful full-color photographs. Their address is:

Lapidary Journal
P.O. Box 56288
Boulder, CO 80323-6288
1-800-676-4336
www.lapidaryjournal.com

Boji Inc. is the original source for the mysterious objects they named Boji Stones, and offer the finest quality specimens. They can be contacted at:

Boji Inc.
4682 Shaw Blvd.
Westminster, CO 80030
www.bojistones.com

Isis, also known as Isis Books, is a complete occult supply shop and bookstore in Denver. Their selection of crystals and stones is wide and varied. Among other oddities, Isis stocks the rare Boji Stones, which they introduced me to while I was teaching there in May 1987. Write or access their website for information regarding catalog pricing.

Isis
5701 E. Colfax Ave.
Denver, CO 80220
1-800-808-0867
www.isisbooks.com

Uma Silbey, author of the highly successful *The Complete Crystal Guidebook* and *Crystal Ball Gazing*, offers a fine selection of crystal and stone jewelry and tools. She can be contacted through Lost Mountain at (415) 454-3750.

Lost Mountain
P.O. Box 429
Fairfax, CA 94978
www.coolstones.com

Eye of the Cat stocks magical supplies, including crystals and stones. They're happy to receive phone calls at (562) 438-3569 or check out their website.

Eye of the Cat
3314 E. Broadway
Long Beach, CA 90803
(562) 438-3569
www.eyeofthecat.com

The Crystal Cave is one of the oldest, most well-established occult and metaphysical supply stores in the greater Los Angeles area. They stock quartz crystal and many unusual stones, including meteorite. Send for a catalog or information to:

The Crystal Cave
415 West Foothill Blvd.
Claremont, CA 91711

GLOSSARY

Akasha: The fifth element, the omnipresent spiritual power that permeates the universe. It is related to outer space, inner space, the unmanifest, and the life force. *See also* **elements**.

Amulet: A magically empowered object that deflects energies; a protective object, often worn or carried. *See also* **talisman**.

Astral projection: The act of separating the consciousness from the physical body and moving it about at will.

Cabochon: A cut and polished stone, round, oval, or square-shaped with one “rough” edge. Cabochons are often used in jewelry.

Charge: To magically imbue with power, generally utilizing visualization to direct the power into the object or place.

Chatoyancy: The property, found in many stones, of showing movement, illumination, or opalescence within the stone itself. Tiger’s-eye, cat’s-eye, moonstone, sunstone, and many others exhibit this phenomenon.

Deep consciousness: The **psychic mind** (*see also*).

Divination: The magical art of discovering the unknown by interpreting the random patterns or symbols within clouds, crystal spheres, reflective stones, tarot cards, flames, a **pendulum** (*see also*) and smoke. Divination contacts the **psychic mind** (*see also*) by tricking or drowsing the conscious mind through ritual and observation or manipulation of tools. Those who can easily attain communication with the psychic mind do not need to perform divination, although they may do so.

Electrum: The product of blending various metals, such as gold and silver. Rarely found in nature, electrum has a long magical history.

Elements: Earth, air, fire and water. These four essences are the building blocks of the universe. Everything that exists (or that has the potential to exist) contains one or more of these energies. The elements are also at large in the world and within ourselves, and can be utilized through magic to cause change. *See also Akasha.*

Evil eye: The supposed glance capable of inflicting great harm to others. Also: **psychic attack** (*see also*).

High priestess: A female practitioner of Wicca who has reached a high status within the religion, passing several tests and receiving (usually) three initiations.

Kahuna: A practitioner of the old Hawaiian philosophical, scientific, and magical system; an expert, a magician, a priest or priestess.

Magic: The act of rousing, directing, and releasing energy toward a goal. The art of using little-understood but natural powers to cause needed change.

Magician: One who practices magic.

Medicine bag: *See power bag.*

Meditation: Reflection, contemplation, turning inward. A quiet time in which the practitioner may dwell upon particular thoughts or symbols, or allow them to come unbidden.

Pendulum: A tool of **divination** (*see also*) consisting of a string attached to a heavy object, such as a quartz crystal, root, or ring. The free end of the string is held in the hand, the elbow steadied against a flat surface, and a question asked. The movement of the heavy object's swings determines the answer. This is a tool that contacts the **psychic mind** (*see also*).

Pentagram: A five-pointed star, visualized with one point up, representing the five senses, the **elements** (*see also*), the hand, the human body. It is a protective symbol known to have been in use since the days of old Babylon. Today it is frequently identified with **Wicca** (*see also*).

Power bag: A **shaman's** (*see also*) source of power; a container of cloth, animal skin, and so on in which quartz crystals, stones, drums, rattles, and other magical objects are placed.

Projective energy: That which is electrical, forward-moving, active. Projective energy is protective. *See also* **receptive energy**.

Projective hand: In right-handed people, the right hand. In left-handers, the left. This is the hand through which magical energy passes from the body. *See also* **receptive hand**.

Psychic attack: The supposed direction of negative energy toward another person to harm them; a "hex" or "curse." These are rare today, if not nonexistent.

Psychic mind: The subconscious, or deep conscious mind, in which we receive psychic impulses. The psychic mind is at work when we sleep, dream, meditate, employ **divination** (*see also*), and experience intuition, or unbidden psychic awareness.

Psychism: The act of being consciously psychic.

Receptive energy: The opposite of **projective energy** (*see also*); magnetic, soothing, attracting energy often used for meditation, promoting love, calm, and quiet.

Receptive hand: The left hand in right-handed people; the reverse for left-handed persons. This is the hand through which energy is absorbed into the body. *See also* **projective hand**.

Reincarnation: The doctrine of rebirth. The phenomenon of repeated incarnations in human form to allow evolution of the sexless, ageless soul.

Runes: Stick-like letters, remnants of ancient alphabets. These symbols are carved or painted on to stones that are then used to determine possible future trends. They are also used in image magic and have long been thought to possess powers.

Sexual dysfunction: The inability to engage in, sustain, or enjoy shared sexual activities. Impotency and frigidity are two types of dysfunction.

Shaman: A man or woman who has obtained knowledge of other dimensions as well as of the earth, usually through periods of alternate states of consciousness. This knowledge gives the shaman the power to change this world through magic. Once known derisively as “medicine men” and “witch doctors,” shamans are once again respected as repositories of traditional healing, psychological, and magical knowledge.

Shamanism: The practice of **shamans** (*see also*), usually ritualistic or magical in nature, and sometimes religious.

Spell: A magical rite, usually nonreligious in nature, and often accompanied by spoken words.

Striations: Fine grooves or lines that are found on certain stones, such as kunzite.

Talisman: An object charged (*see charge*) with magical energy to attract a specific force or power to the bearer. *See also amulet.*

Visualization: The process of forming mental images. In magic, images are formed of the needed magical goal and used to direct energy to cause change.

Wicca: A contemporary Pagan religion with spiritual roots in **shamanism** (*see also*) and in the earliest expressions of reverence for nature as manifestations of deity. Among its features are the reverence of the universal energy, the ultimate source of all life, as a goddess and a god.

Witchcraft: Usually folk magic—that is, practical and earthy spells designed to improve the spell-caster’s life. Witchcraft and **Wicca** (*see also*) are often used interchangeably, producing confusion. Many of those who call themselves “Witch” are not wiccans but spell-casters or magicians.

Yin/yang: The twin poles of energy. The yin/yang concept is one system of viewing the universal energies. Yin corresponds to **receptive energy** (*see also*) and yang to **projective energy** (*see also*).